



ST TERESA'S
— SCHOOL —
RAVENSHOE

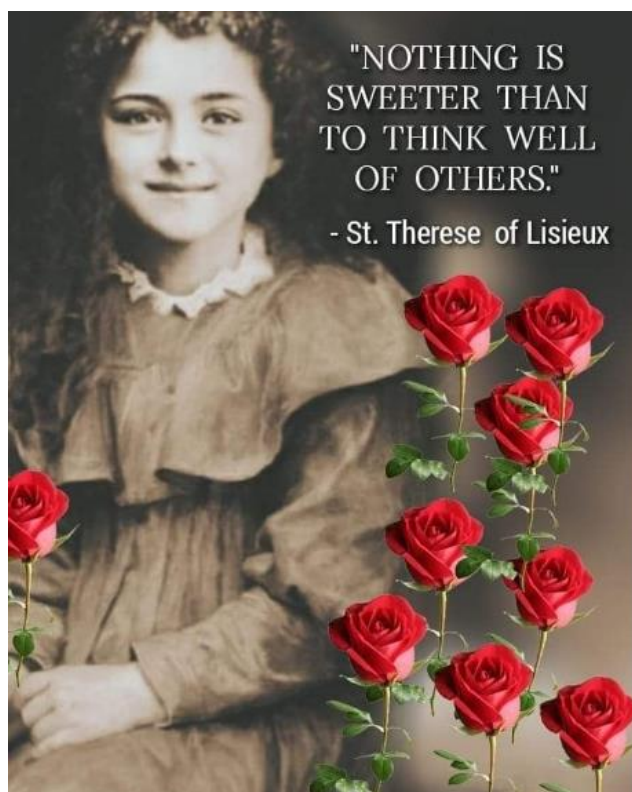
WEDNESDAY 14TH AUGUST, 2024.

**STUDENT
FREE
DAY**

FRIDAY AUGUST 30th

Principal's Report

Week 5 Term 3, 2024.



Our Three Pillars

Knowledge Love Truth

Our Shared Vision:

To offer every student in every school a world-class education enriched by their lived encounter with the Catholic faith.

We are 75 in '25

CELEBRATING **75** YEARS



DIOCESE OF
CAIRNS

Prayer for our new Bishop

Lord,

Thank you for the gift of our new bishop. We ask for blessings upon him during his Ordination and as he begins his ministry in our diocese.

Grant him the wisdom, courage, and compassion to guide us with love and humility.

Help him to be a beacon of hope and a source of strength for all who seek aid and comfort.

Strengthen him with Your Holy Spirit, that he may inspire and unite us in times of natural disaster, but if possible hold off on another cyclone for a while.

We pray for his health, well-being, and fast acclimation to our humid tropical climate.

May we support our new bishop with our prayers, our cooperation, and our love. Together, may we grow in faith, hope, and charity, and continue to work towards building a world-class education system for all of our students.

We ask this through Christ our Lord. **Amen**



In order to be truthful
We must do more than speak the
truth.
We must also hear truth.
We must also receive truth.
We must also act upon truth.
We must also search for truth.
The difficult truth.
Within us and around us.
We must devote ourselves to truth.
Otherwise we are dishonest
And our lives are mistaken.
God grant us the strength and the
courage
To be truthful.
AMEN.

Principal's Message



In recent weeks, I have shared the knowledge I gained from reading several texts on human behaviour: "What Happened to You?" by Oprah Winfrey and Dr. Bruce Perry, "Choice Theory: A New Psychology of Personal Freedom" by William Glasser, and "In the Realm of Hungry Ghosts: Close Encounters with Addiction" by Gabor Maté.

As a teacher, I am deeply committed to educating children with the hope of creating a wonderful and joyous future for everyone. I can achieve this by understanding the factors that impact their lives and providing an environment that nurtures their strengths and empowers them to meet their challenges.

I have carefully examined these texts to share their central themes with you and have arrived at the following suggestions. As you read over my suggestions, I invite you to consider why I chose these texts and how their content can guide me in fostering an educational community that honours our three pillars: Knowledge, Love, and Truth.

The themes of "What Happened to You?" by Oprah Winfrey and Dr. Bruce Perry

- **Trauma and Healing:** This book explores how trauma affects the brain and body, emphasising the importance of understanding an individual's history of trauma to foster healing and recovery.
- **Resilience and Recovery:** It discusses the human capacity for resilience and the pathways to recovery through supportive relationships and therapeutic interventions.
- **Empathy and Compassion:** The book promotes a shift in perspective from asking "What's wrong with you?" to "What happened to you?" to foster empathy and compassion in addressing trauma.

The themes of "In the Realm of Hungry Ghosts: Close Encounters with Addiction" by Gabor Maté

- **Addiction as a Response to Pain:** Maté explores the idea that addiction is not a choice but a response to deep-seated emotional pain and trauma.
- **Holistic View of Health:** The book advocates for a holistic approach to understanding and treating addiction, considering the physical, emotional, and social aspects of a person's life.
- **Empathy and Compassion:** Maté stresses the need for empathy and compassion in dealing with those suffering from addiction, moving away from judgment and stigma.
- **Impact of Society:** The book examines the role of societal factors, such as stress, isolation, and socioeconomic conditions, in contributing to the prevalence of addiction.

The themes of "Choice Theory: A New Psychology of Personal Freedom" by William Glasser

- **Personal Responsibility:** Glasser's theory emphasizes that individuals have control over their own behaviour and are responsible for the choices they make.
- **Internal Motivation:** The book argues that all human behaviour is driven by internal needs and that understanding these needs can help people make better choices.
- **Healthy Relationships:** Glasser highlights the importance of creating and maintaining fulfilling relationships based on mutual respect and understanding.

- **Quality World:** The concept of the "Quality World" is central, referring to the mental pictures of what people want in their lives and how these pictures influence their choices and behaviour.

To distil the themes of these powerfully informative texts into a single common thread is almost an injustice to their depth and richness. However, I undertook this task to provide my teaching philosophy with a guiding framework. Summarising these insights into one common theme was challenging, as it required me to confront my biases and resist relying solely on what I already knew. Reading is about expanding knowledge and embracing new, contemporary directions.

A single common thread

These three books have taught me that understanding and addressing the root causes of human behaviour is crucial to fostering healing and personal growth. Each text explores the underlying factors that shape actions and choices—whether it be trauma, internal needs, or addiction—and emphasises the importance of empathy, compassion, and responsibility in the journey toward recovery and personal freedom.

Therefore, our intentions for St. Teresa's are encapsulated in the following beliefs:

"It is easier to build strong children than to repair broken adults."

Prep Enrolments 2025



The banner features the school's logo on the left, which includes a cross, a red rose, and a green ribbon with the motto 'KNOWLEDGE LOVE TRUTH'. Below the logo is the text 'ST TERESA'S SCHOOL' and 'RAVENSHOE'. On the right side of the banner, the text reads 'Prep - Year 6 Enrol Now' in large white letters. Below this, it provides contact information: 'Email: principal.ravenshoe@crs.catholic.edu.au', 'Phone: 4095 9050', and 'Website address: stteresas@qld.edu.au'.

Eligibility - children born between July 01, 2019, and June 30, 2020

St. Teresa's Leadership has started planning for 2025 in anticipation of the arrival of our new Prep students. Several students are already indicating their attendance at our school next year, with others possibly unaware that they need to enrol early so the school can make the necessary preparations for their commencement and induction into our school. These early preparations ensure a smooth start to the formal education life of our students. If you are contemplating St Teresa's for your student, don't hesitate to get in touch with the school and arrange an opportunity for an interview, a tour, or an enrolment application.

2024 Enrolments - 05.08.24

Classes	Teachers	Current		
Prep	Sylvia JUHAS		17	Prep
Year 1	Eleanor MABIN	9	9	Year 1
Year 2	Wendell Majer	18	18	Year 2
Year 3/4	Kristie HENDERSON	Year 3 = 12 Year 4 = 13	25	Year 3/4
Year 5/6	Katie COLE	Year 5 = 6 Year 6 = 11	17	Year 5/6
			= 86	

What is the News?

**STUDENT
FREE
DAY**

FRIDAY AUGUST 30th

St. Teresa's Primary School

MONSTER CENT SALE

Saturday 17th August
2024

\$5 ENTRY

Doors open 10.30am
Drawing starts 12pm

Lucky Door Prize

light refreshments, tea and coffee

Rankin Street Ravenshoe





**Book Week Assembly
Wednesday 21 August
9 am**

FATHER'S DAY STALL

Gifts will be priced from \$2.00 through to \$8.00
The stall will be open to the students on Monday 26th, Tuesday 27th
& Wednesday 28th August.

Happy
father's
day

Liturgy
Thursday 29 August
Week 8

2.15 pm

School Photo Day Wednesday, September 4

order your school photos now

to order visit: www.advancedlife.com.au

enter code: 13Z CKN 3EC



scan to order

or collect a cash order envelope
from your school office



advancedlife
school photography & print specialists



FOR I RECEIVED FROM THE *Lord*
WHAT I ALSO HANDED ON TO *You*

1 Corinthians 11:23



Come to the Water
Parent Retreat

SATURDAY 7 SEPTEMBER
9:00 AM - 4:00 PM

📍 **Seville Mercy Conference Centre**
35 Bauhinia Ave
Earlville QLD 4870

Register via **Trybooking**
by 30 August 2024



SCAN ME

<https://www.trybooking.com/CTFNU>

Research shows that parents are the most important influence that shape the religious and spiritual lives of children (USCCB, 2020). Given the changing nature of Australian society, however, parents often do not have a community of support when it comes to their personal faith, and the faith of their families.

Catholic Education Diocese of Cairns Identity and Outreach Directorate seeks to build a supportive faith community for the parents of children in our schools to participate in. In supporting families to develop their capacity to nurture the faith and spirituality of their children, the Catholic school participates in the evangelising mission of the Church as a community of faith (NCEC, 2023).

A parent retreat provides the opportunity for parents and caregivers to be introduced into active participation in the faith community of Catholic Education Diocese of Cairns. The retreat is intended to be informal and its focus is on providing a day of spiritual reflection, participation and collaboration for parents who attend.



Catholic Education
Diocese of Cairns
Learning with Faith and Vision

TUCKSHOP NEWS

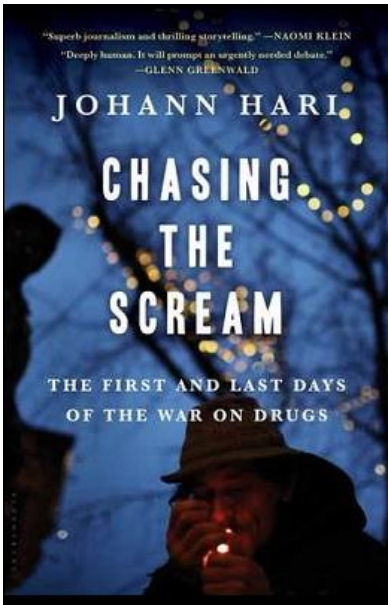
		<p>We need families to assist with sausage sizzle Friday cooking and preparation. Contact the school and register for term 4.</p>
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St Teresa's Primary Ravenshoe - Life of the School Calendar – Term 3, 2024

	WK	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
JULY	1	7 NAIDOC Week	8	9 ATHERTON SHOW DAY	10 Staff Meeting	11 NAIDOC Day Celebrations	12 Principal's meeting	13
	2	14	15	16 Deputy Executive Director Ian Davis visit Assembly	17 Staff Meeting Principal's Debrief – Mike in Cairns	18 Rhyme time Andrew CHINN Concert Year 3-6	19 Musica Viva	20
	3	21 Counsellor not in School Catholic Education Week	22 Mike in Cairns at Catholic Education Week Mass	23 Assembly	24 Staff Meeting	25 Principal's Zoom	26 MSB NAIDOC Day	27
	4	28	29	30 Assembly Lockdown Drill 1 pm	31 Staff Meeting	1 Mike away Track & Field Mareeba	2 Mike away Track & Field Mareeba	3
AUGUST	5	4	5	6 Assembly	7 ILO Network Day Staff Meeting Principal's Debrief Mary of the Cross	8 Senior Leadership Conference - Mike	9 Senior Leadership Conference - Mike	10
	6	11 Counsellor not in School	12 Parent, student, teacher note out to parents - PTO	13 Assembly cancelled 1.50 pm. Feast of the Assumption Mass	14 Staff Meeting	15 Rhyme time I&O: ACU Professional Study - Mike	16	17 Cent Sale
	7	18 Book Week, Reading is Magic	19	20 Fire Drill 1 pm	21 Assembly – Book week Staff Meeting	22	23	24
	8	25	26	27 Assembly	28 Staff Meeting	29 Father's Day Liturgy	30 Professional Learning Day Pupil Free	31
SEPTEMBER	9	1 Father's Day Parent Student Teacher meetings	2	3 Assembly	4 Staff Meeting	5	6 Under 8's Day Senior Leadership Intensive	7
	10	8 Parent Student Teacher meetings	9 Executive Director Bill Dixon Visit	10 Assembly	11 Staff Meeting	12	13 St Theresa's Feast Day Liturgy	14

LEARNING OPPORTUNITIES

The Principal's Book Pick



"Chasing the Scream: The First and Last Days of the War on Drugs" by Johann Hari

is a comprehensive examination of the history, impact, and future of drug prohibition. Hari embarks on a three-year journey across nine countries to uncover the truths and myths surrounding the war on drugs, drawing on extensive research and numerous personal stories.

"Chasing the Scream" argues that the war on drugs has been a catastrophic failure and calls for a radical rethinking of how society addresses drug addiction. By combining historical analysis, personal narratives, and scientific research, Hari makes a compelling case for policies that prioritise compassion, treatment, and harm reduction over punishment and prohibition.

M. J. Lutke

Every child
Every classroom
Everyday

St Teresa's Prep in Pictures

Week 5 Term 3 2024



Maths: This week we starting learning about place value and tens and ones. We are also reinforcing of numbers, names and numerals 1-30! We are very clever.



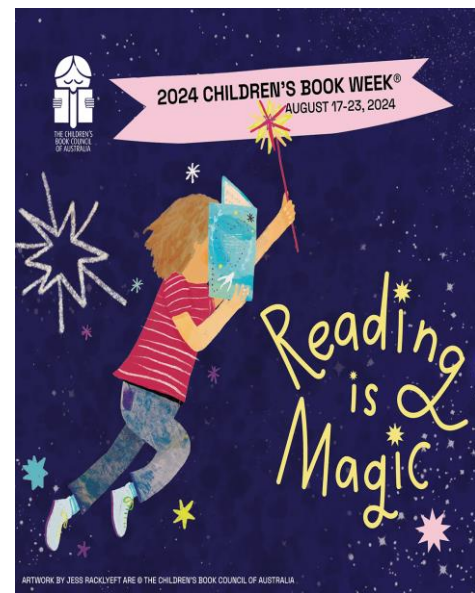
English: This week in English we made orange juice! All week we learnt about the procedure of making it and then as a special treat we got to make it! Thank you Mrs Helen Barker for our yummy home grown oranges and Mrs Anna Bevan for the juicers! Such a great vitamin C hit for us all!



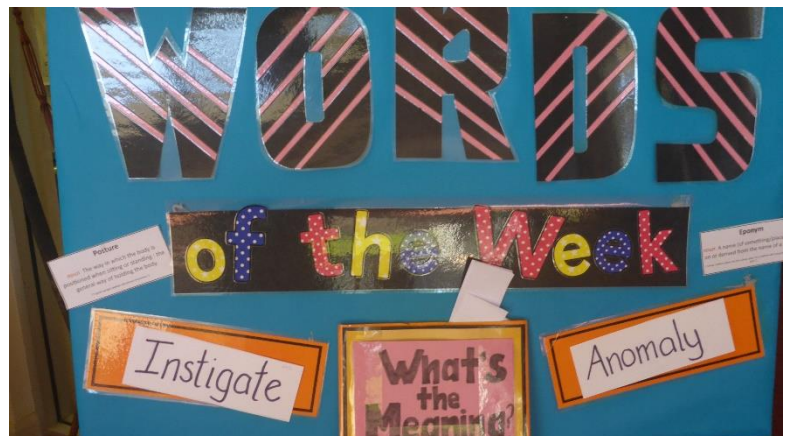
Hello Everyone,

One week to go until Book Week and our Book Fair! Have you thought of your costume for your favourite book character?

The staff here have theirs. We are looking forward to seeing all of your ideas next week. Prizes will be awarded to the best dressed student in each age group.



Book Fair will start next week as well, from Wednesday the 21st of August through to Friday the 23rd of August. It will be in the library and it will be open from 8:15am till 4:30pm for those that want to come in and have a look. Have a great week.



Warm regards,
Morgan Reynolds

TABLELAND ATHLETICS CARNIVAL – MAREEBA

Congratulations to Henry, Hannah, Max, Alex & Callum who gave 100% in their events at the Tableland Athletics Carnival in Mareeba on Thursday 1st & Friday 2nd August, 2024.

Max will now compete in the 100m (Incidentally he came first in Mareeba, Woo Hoo!!) and the 200m events in Cairns this weekend at the Peninsula Trials. We wish him the best of luck!!

